Welcome to the University of Illinois Wheelchair Summer Camps! The information below is vital to making your arrival, stay and departure as easy as possible. Please read the following information:

**Things to bring to camp:**
The following is a short suggestion list for items to bring to camp:

- Sport/racing chair
- Straps, extra intertubes, tires, cushion
- Alarm Clock
- 6-7 changes of clothing
- At least 1 extra cushion cover
- Enough personal care items to last the length of camp
- Medication (if applicable)
- Water bottle clearly marked with name
- All personal items clearly marked with name
- Sun glasses/sun screen (especially for track camp)

**Registration Times:**
- Check in is from 1pm-4pm CST on the first day of camp. Instruction begins that same evening at 6pm.
- Check out is at 9am CST on the last day of all camps.
- Registration and accommodations for all camps will be at Timothy J. Nugent Hall (207 E Gregory Dr, Champaign, IL 61820)

**Camp Schedule:**
- Breakfast: 7am-8am
- Session 1: 8:30am-12pm
- Lunch: 12pm-1:30pm
- Session 2: 1:30pm-5pm
- Dinner: 5pm-6:30pm
- Session 3: 6:30pm-9:30pm

**A note regarding camp expectations and personal hygiene.**

The expectation of our camp is that every camper will be independent with all aspects of self-care, including personal hygiene and will be respectful of other campers and users of the dorm. Campers are required and expected to shower daily, sometimes multiple times per day due to the hours spent in the gym and bowel/bladder accidents. Please appropriately prepare for these unexpected occurrences by bringing extra clothing, extra personal items, and at least one extra cushion cover. During the camp, there is no room service, but the restrooms will be cleaned by building service workers. Campers are expected to dispose of soiled/used personal items appropriately by placing them in the receptacle in the restroom area. If personal items are found in the shower stalls, on the floor in the restroom, or on the floor in the dorm room, campers will be asked to clean up the area. Likewise, if clothing, bedding or cushion covers are soiled, campers will be expected to clean the items appropriately and to the satisfaction of the camp staff, otherwise, the camper will not be able to participate in camp sessions and may ultimately be dismissed from camp. Extra garbage bags are available at the front desk of the dorm and washers/dryers are available in the basement of the dorm.

We want everyone to have a good experience at camp which can be accomplished if everyone does their part with self-care and personal hygiene. If self-care is not a learned skill, it will have a negative impact on the particular camper, his/her roommate, teammates, and all the other campers and staff.
1. Campers are responsible for all their own activities of daily living as attendant care is not available.

2. All campers must be in their own housing area by 11:00p.m., on their assigned floor by 11:15p.m. and in their own room by 11:30p.m. unless specifically directed otherwise by the camp staff.

3. Male and female campers are not permitted in each other’s rooms.

4. Campers will not leave an assigned area without a teammate or their specific coach or supervising staff.

5. Harassment (sexual, racial, verbal, physical, etc.) will not be tolerated from any participants—campers or staff. Any occurrence of harassment should be reported immediately. This will result in immediate dismissal of the perpetrator from camp, as well as other actions as required. No money will be refunded.

6. No food orders may be made past 10:00 p.m. Any food not received by 11:00 p.m. will not be delivered to the camper’s room.

7. Unless previous permission is given by the Camp Director, campers must attend all activities scheduled.

8. Campers’ rooms will be inspected upon their arrival and periodically throughout the week. All damages will be charged to the campers’ parents! Rooms must be kept reasonably clean.

9. In the dining hall, all campers are expected to clean up after themselves by taking trays/dirty dishes to the collection area and being considerate with the dining hall staff.

10. Remember, SAFETY FIRST. Any camper failing to adhere to the direction of the camp staff and University rules, will be immediately dismissed from the camp with no refund.

11. Because of central air-conditioning in the dorm under no circumstances should a camper tamper with the window or window sill.

12. Any personal problems should be reported to the Camp Director or other staff member

13. Be courteous to fellow campers and staff members. Everyone should be treated with respect and dignity.

14. The use of cigarettes, alcohol, drugs and/or participation in gambling is not permitted and will result in immediate dismissal from camp. No money will be refunded.

15. Campers needing to wear undergarments will dispose of them by placing used undergarments in disposable bags and placing them in the appropriate receptacle. Campers are not to flush soiled undergarments down the toilet. Campers not adhering to this policy will be dismissed from camp immediately with no refund.

16. Campers will be assessed a $50.00 fee for losing an assigned key and $10.00 for losing a meal pass. Parents will be billed if campers are unable to pay the fee.

17. Campers will be wheeling to all facilities, so be prepared for this added exercise.

If you have further questions, feel free to contact Matt Buchi at (217)244-6083. In case of an emergency during camps, including travel difficulties, please call Maureen Gilbert on her cell phone at (217)202-8227. Thank you and we look forward to seeing you all soon!